



#### Janet O'Neill

Janet.oneill6@nhs.net

https://eastmidlandsdeanery.nhs.uk/occupational-health/careers-occupational-health

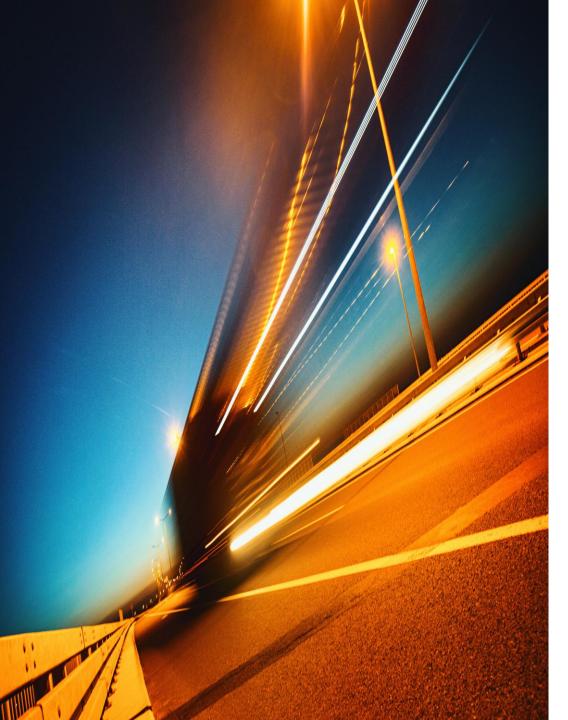
## Why Occupational health

The role is rewarding

OH is a profession that allows you to adapt and develop

No two days are ever the same.

There are so many possibilities in OH, and never a dull moment.



# The key drivers to expanding the OH workforce?

- Preventing ill health at work
- Supporting people to remain in work
- Cost of ill health to people, business, economy
- Ageing OH workforce
- Wellbeing
- Universal access

#### What does NSOH do

- Workforce development
- Supporting HEI's and supportive of training opportunities
- Webinars
- Quality assurance
- Mentor scheme
- Support with shadow opportunity



### The benefit

- Build knowledge of OH
- Make an informed decision
- Build confidence
- Empowered to make decisions
- Widen professional network
- Improve chances of moving into an OH role



# Where to find more information on Occupational Health (OH)

- WHO (World Health Organisation) Occupational Health
- CIPD (Chartered Institute of Personnel Development Occupational Health
- SOM (Society of Occupational Medicine) Work and Health
- SOM Careers
- Journal of Occupational Medicine
- NSOH link to useful websites relating to OH