

# NSOH

**National School of Occupational Health**

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<https://eastmidlandsdeanery.nhs.uk/occupational-health/careers-occupational-health>

# Why Occupational health

The role is  
rewarding

OH is a profession  
that allows you to  
adapt and develop

No two days are  
ever the same.

There are so many  
possibilities in OH,  
and never a dull  
moment.



# The key drivers to expanding the OH workforce?

- Preventing ill health at work
- Supporting people to remain in work
- Cost of ill health to people, business, economy
- Ageing OH workforce
- Wellbeing
- Universal access

# What does NSOH do

- Workforce development
- Supporting HEI's and supportive of training opportunities
- Webinars
- Quality assurance
- Mentor scheme
- Support with shadow opportunity





# The benefit

- Build knowledge of OH
- Make an informed decision
- Build confidence
- Empowered to make decisions
- Widen professional network
- Improve chances of moving into an OH role



# Where to find more information on Occupational Health (OH)

- [WHO \(World Health Organisation\) Occupational Health](#)
- [CIPD \(Chartered Institute of Personnel Development Occupational Health](#)
- [SOM \(Society of Occupational Medicine\) Work and Health](#)
- [SOM Careers](#)
- [Journal of Occupational Medicine](#)
- [NSOH](#) link to useful websites relating to OH