

## Contents

### In this issue

- ▶ [Introduction by Dr Shriti Pattani](#)
- ▶ [SOM Internal Communications](#)
- ▶ [Dates for your Diary](#)
- ▶ [Florence Nightingale Foundation scholarships](#)
- ▶ [Health Education England Learning Hub](#)
- ▶ [HSE guidance](#)
- ▶ [Emerging infections summary July 2019](#)
- ▶ [Williams mental health case study](#)
- ▶ [FOHN COO and President voluntary roles](#)
- ▶ [Centre for Ageing Better mid-life report](#)
- ▶ [NICE topic expert committee vacancy](#)
- ▶ [Action on Noise Summit](#)
- ▶ [Q&A with Dr John Hobson](#)
- ▶ [New Members](#)
- ▶ [OH Jobs](#)
- ▶ [OH Meetings](#)

---

*If you wish to submit articles, comments or photos – we welcome them! eNews brings together news, research and articles of interest to SOM members (the SOM is not responsible for the content of external sources available to the public. The views and opinions expressed in eNews are not necessarily those held by the SOM).*

### Introduction by Dr Shriti Pattani

*Health and Work Medical Champion, Public Health England - London; Clinical Director Occupational Health Services, London North West London University Healthcare NHS Trust; Chair, NHS Health at Work Network*

I have been a Public Health England (PHE) Health and Work Medical Champion (HWMC) in London since January 2019. I am also a GP, OH Physician working in a large Trust in North West London and the Chair of NHS Health at Work Network which represents NHS OH Services across England. PHE have commissioned three GP champions in England including Dr Rob Hampton in the Midlands, Dr Sam Bethapudi in the NE and myself.

The focus of the role is to promote strategic leadership for Health and Work. We work closely with PHE, NHSE, the Joint (DHSC/DWP) Unit and other organisations to support collaborative partnerships; deliver standardised

training sessions to raise awareness; develop skills and change the clinical practice of Health Care Professionals (HCPs); facilitate local clinical networks; and develop mechanisms to sustainably embed Health and Work within clinical care systems.

There are many opportunities and, of course, challenges. When I initially took this role, I was amazed at the range of support that was available for people who had ill-health or disability to stay in work or return to work. I felt embarrassed not to have known about the range of services - several patients instantly came to mind who would have benefitted. The services vary but are mostly provided by a combination of Job Centre Plus, Local Authority and Charities. I have been working with these organisations in the London area to connect them with Clinical Commissioning Groups, Integrated Care Systems, and Primary Care Networks. The introduction of link workers and social prescribers is also greatly helping connect health with employment services.

This role has allowed closer working with Allied Health Professionals (AHPs), Disability Employment Advisors, Commissioners, Local authority and charities. To support the training aspects of this role myself and fellow champions have been providing sessions for GP trainees. I have also been supporting the Royal College of Occupational Therapists to deliver standardised training to AHPs to become clinical health and work champions and feel confident about having the 'health and work' conversations with patients but also raising awareness among fellow colleagues by delivering training. Currently there are 88 NHS clinical champions.

Commissioners are interested in Health and Work, but a lack of established performance indicators means Health and Work is not prioritised over other areas against a backdrop of increased workloads and time constraints. Therefore, engaging CCGs in discussions about work and health has been challenging. However, the dialogue has taken on a different momentum since introduction of social prescribers in April 2019. The social prescribing link workers are being seen as the important link between health and employment services.

I have also been raising awareness of the following new resources developed in conjunction with HCPs:

- [2019 Health and Work Consensus Statement for Action](#) - this sets out the shared commitment to support healthcare professionals in helping people to stay in or return to work.
- The [Work and Health e-learning](#) from PHE and Health Education England provides a practical source for improved knowledge and practice. The evidence-based modules include advice on work for people with mental health and musculoskeletal problems, cancer and other long-term conditions. It also includes a module on self-care for healthcare professionals, in recognition of their roles and the need for them to look after their own wellbeing as well as that of their patients.
- All Our Health [e-learning tool on workplace health](#) - free to use and offers bitesize information and practical advice to help professionals prevent illness, protect health and promote wellbeing at work. This tool is one of many that has recently been developed using PHE's [All Our Health framework](#), a collection of resources which support prevention priorities to help reduce health inequalities and premature mortality.
- Key resources on Health and Work can be found on the Health Matters page: <https://www.gov.uk/government/publications/health-matters-health-and-work/health-matters-health-and-work>

My PHE HWMC role is currently commissioned until March 2020 however the work that is currently being done to support the Work as a Health Outcome agenda will hopefully continue for years to come.

---

## SOM Internal Communications

### SOM Regional Group meetings and Speaker list

We encourage you to attend future meetings – they are a great way to develop your skills and knowledge, and network with other OH professionals in your area. The following meetings are coming up:

- **Scotland** 9.30am-5.30pm 13<sup>th</sup> September, Royal College of Physicians, Edinburgh - [book now](#)
- **North East** 6 for 6.30pm 19<sup>th</sup> September, University Hospital of North Durham

- **East Midlands** 6 for 6.30pm 26<sup>th</sup> September, University Park Campus, Nottingham
- **North West** 5.30-8.30pm 10<sup>th</sup> October, Kays Medical, Speke
- **Yorkshire** 9.30am-4pm 6<sup>th</sup> November, West Yorkshire Fire and Rescue Service, Bradford
- **East Midlands** 6 for 6.30pm 14<sup>th</sup> November, University Park Campus, Nottingham
- **North East** 6 for 6.30pm 21<sup>st</sup> November, University Hospital of North Durham
- **South Wales and West of England** 6<sup>th</sup> December, Bristol University Wills Hall Conference Centre

For more information, contact [ann.caluori@som.org.uk](mailto:ann.caluori@som.org.uk). We are also compiling a list of speakers willing to talk at Regional Group and other events. For more information about the list, email Astrid Palmer [astrid.p@btinternet.com](mailto:astrid.p@btinternet.com)

[Back to top](#)

---

## Government consultation on occupational health - your views

In July the Government launched [its consultation on improving health at work alongside proposed changes to improve statutory sick pay](#). SOM's initial response was published with the FOM [here](#). The consultation has a number of questions, key ones being:

- How should the government help small businesses afford OH services?
- How can the government make sure OH services are good?
- How can we tell if an OH service has helped somebody stay in work?
- Do you have any other ideas about how to make OH services better?

Statistics in [this link](#) contributed to the evidence base supporting the consultation, including how the provision of sick pay and OH vary according to the employer an individual works for and the type of job they do. Please send your response to [nick.pahl@som.org.uk](mailto:nick.pahl@som.org.uk). A final response, which will be shared with members, will be sent in early October. You can join officials from the DWP and DHSC in an interactive discussion here:

- 3<sup>rd</sup> September 8.30-10.30am, Wales. [Register here.](#)
- 3<sup>rd</sup> September 11am-1pm, Wales. [Register here.](#)
- 4<sup>th</sup> September 9am-1pm, Sheffield. [Register here.](#)
- 9<sup>th</sup> September 11am-1pm, Folkestone. [Register here.](#)
- 12<sup>th</sup> September 8.30-10.30am, London. [Register here.](#)
- 20<sup>th</sup> September 8.30-10.30am, Edinburgh. [Register here.](#)
- 20<sup>th</sup> September 11.30am-1.30pm, Edinburgh. [Register here.](#)
- 26<sup>th</sup> September 9-11am, Reading. [Register here.](#)
- 26<sup>th</sup> September 12-2pm, Reading. [Register here.](#)

[Back to top](#)

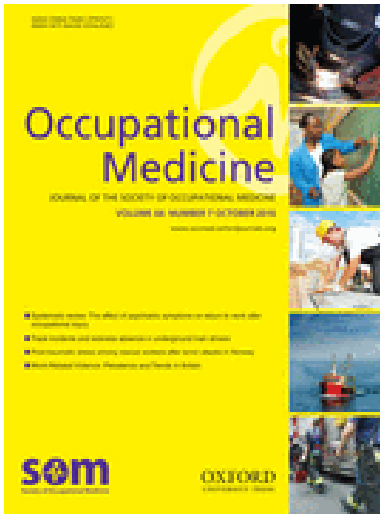
---

## Call for OH Policies and Procedures

The SOM is collating a bank of OH-related policies and procedures for sharing with members. The objective is to support members with existing expertise and to minimise duplication of work already carried out by other colleagues. If you have worked on or know of any suitable documents that you are willing and have permission to share contact [christine.poulter@som.org.uk](mailto:christine.poulter@som.org.uk). The success of this initiative will depend on your generosity to share; however, the reward will be to have access to other documents to free up your time for other activities!

## Database of OH Apps

SOM are compiling a database of useful Apps relevant to OH. There is a plethora of Apps available, which some of you may already be using. Here are several suggestions: *BMI calculators / Decibels meters / Ergonomic Apps / First Aid Apps / Administration Apps for agendas and minutes / Shift Apps / Mental health Apps / Nutrition Apps / Sleep Apps / Stress Apps / Chemical Hazards Apps / Fatigue predictors Apps / Lone worker tracking Apps / Chemical hazards Apps / Health risk assessments Apps / Employee Assistance Apps / Corporate Wellness programs Apps / Fitness Apps / Invoice Apps / Ladder safety Apps*. Please send a brief description and star rating out of 5 for any App(s) you use, which you would like to share in our App guide to [christine.poulter@som.org.uk](mailto:christine.poulter@som.org.uk)



### **Occupational Medicine Authors' workshop - 6<sup>th</sup> December 9.30-4pm London**

We will be holding our next *Occupational Medicine* Authors' Workshop. The Workshop is open to authors wishing to get guidance on publishing a paper or if you would like to write up your dissertation for possible publication. There is no fee to attend the workshop and you will receive a CPD certificate upon completion. Please note travel expenses will not be reimbursed. Places on the Workshop are limited so book your place early as it will be first come first served basis. Please email your interest to Angela Burnett at [om@som.org.uk](mailto:om@som.org.uk)

### **Latest issue: Moon landing anniversary / OH Posters and oral presentations from Conference**

Issue 69:5 is [now online](#). The issue also includes abstracts of the posters and oral presentations from this year's annual SOM/FOM conference, Occupational Health 2019.

### **Study finds link between rhinestone manufacturing and silicosis**

Workers making the rhinestones often found on high street jewellery, fashion and decorative items are at risk of developing silicosis, according to a new study published in *Occupational Medicine*. [Read more here.](#)

[Back to top](#)

### **SOM survey on approaches to wellbeing services by OH Providers**

This survey at <https://www.surveymonkey.co.uk/r/FJ9FMB3> will inform a new report to be launched by SOM (supported by Cohort Software). It will take only a few minutes of your time but will make a big contribution to the findings of our report. Please complete, ideally by the end of this month. As an added incentive, Cohort are offering 3 Fit Bits, winners to be chosen at random from questionnaire respondents.

[Back to top](#)

### **SOM mental health special interest group**

The next meeting will take place on 9<sup>th</sup> September 10:30-11:30am by phone 020 3514 1993 - then enter SOM Conference phone number 1 647 953 4692# Contact [nick.pahl@som.org.uk](mailto:nick.pahl@som.org.uk) for the agenda or queries.

[Back to top](#)

## **Dates for your Diary**

### **SOM Webinars - ones coming up and catch up on ones you missed - free for members:**

- **How to use OH expertise, 1-2pm 16<sup>th</sup> September** - This exclusive webinar will cover: 1) What is Occupational Health (OH)?; 2) Who delivers OH?; 3) The do's and don'ts of using OH services; 4) How to get the best from a referral and an OH service. Dr Lucy Wright is a consultant occupational physician with a special interest in helping managers manage absence. Dr Wright is a company director and CMO of Optima Health. 1 CPD point. [Register now.](#)
- **Stress risk assessments: Problems, pitfalls and solutions, 2-3pm 4<sup>th</sup> October** - In this webinar, business psychologist, Alan Bradshaw will discuss: Why we're not proactively managing the risks of stress?; Why attempts at stress risk assessment and management have so often failed (the pitfalls)?; What sorts of stress management profiling and planning tools will make this easier and provide both local and organisational solutions?. Alan Bradshaw is Director of workplace mental health consultancy Alt-OH 1 CPD point. [Register now.](#)
- **Menopause and work? 12-1pm 22<sup>nd</sup> October** - This webinar will cover the menopause, symptoms, managements and strategies at work to help women who are experiencing difficulties. Debby Holloway is a Nurse Consultant in gynaecology at Guys and St. Thomas' NHS Foundation Trust. Her current clinical caseload is one-stop outpatient procedure clinics, mainly outpatient hysteroscopy, and specialist

menopause clinics. Debby is the deputy module lead for the gynaecology nursing course at KCL and is currently the chair of the RCN women's health forum. 1 CPD point. [Register now](#).

### **Webinars to catch up on**

Watch recordings of our past webinars if you weren't able to attend them [here](#). The last seven webinars were:

21<sup>st</sup> August 2019 - **Use of fit notes**

5<sup>th</sup> August 2019 - **Burnout in healthcare professionals**

5<sup>th</sup> July 2019 - **Workplace Wellbeing Webinar**

14<sup>th</sup> June 2019 - **Neurodiversity in the workplace: Awareness, Assessment and Adjustments**

9<sup>th</sup> May 2019 - **OH-related grievances in the workplace**

16<sup>th</sup> April 2019 - **Confidentiality in OH**

5<sup>th</sup> April 2019 - **Alcohol and Drugs**

### **Best Practice Records and Management Referral Reports for OHP, 10am-5.30pm, 10<sup>th</sup> September 2019, London** in partnership with Valentine OH

This training is for Occupational Health Practitioners to equip them with a toolkit of essential legal knowledge, practical skills and the confidence to keep Best Practice Records and Management Referral Reports. The training is fun, innovative and interactive with practical case studies on records and reports, discussions and role play. Lunch provided. **The cost to attend is £222 for SOM members, £258 for non-members. Trainee members can book for the special discounted rate of £190.** Your membership discount will automatically be applied when you log in (please log in **before** making your booking). [Register here](#).

### **SOM Occupational Health Jobs and Career Day, 23<sup>rd</sup> September 2019, London**

This event will provide information about careers in OH, what recruiters are looking for and see what vacancies there are. This event is aimed at anyone looking to find out more about a career in occupational health and medicine. It would help those interested to move into a career in OH e.g. Doctors, Nurses, OH Technicians, Physiotherapists and Psychologists etc. Book your free place [here](#).

### **BPS DOP section and SOM "Remote, flexible and precarious working: Exploring OH policies and practices" 9<sup>th</sup> October, London**

The Division of Occupational Psychology (DOP) of the BPS and the SOM are working together to raise awareness of mental health within the work environment. The seminar focuses on individuals who are working remotely, flexibly and precariously; those organisations that employ them; and assessing how they can be supported more effectively. A particular focus is on the gig economy, lone workers, and those who work within micro businesses. Registration deadline: 2<sup>nd</sup> October. Free to attend. [Register now](#).

### **RCN and SOM Occupational Health Nursing Conference and Exhibition, 29<sup>th</sup> November 2019, London**

Join us to explore the diversity of practice within OH nursing. By attending this conference, you will:

- Be updated on the latest occupational health research, practice and policy
- Develop your confidence and competence in legal issues related to practice and OH report writing
- Consider and reflect on how to manage complex cases, including Diabetes. Research and evidence will include a focus on drug and alcohol issues, men's health and individuals with cognitive decline
- Network with OH professionals from a broad spectrum of industries to share experiences and best practice.

Suitable for all nurses and healthcare professionals working in or with an interest in occupational health. RCN and SOM members £125 + VAT (standard price £185 + VAT). To book [please click here](#).

[Back to top](#)

---

## Occupational Health News

### Research, Travel and Leadership Scholarships for Nurses from the Florence Nightingale Foundation

Applications are welcome for three scholarships on the [Florence Nightingale Foundation website](#):

- [Research Scholarship](#) - for internships and MSc/Phd Scholarships.
- [Leadership Scholarship](#) - up to £10,000 available.
- [Travel Scholarship](#) - up to £3,000 available.

The closing date for all three is 30<sup>th</sup> September.

[Back to top](#)

---

### Health Education England Learning Hub

The Learning Hub is a digital platform that will provide easy access to a wide range of education and training resources for the health and care workforce. It is being developed by Health Education England's (HEE) national Technology Enhanced Learning (TEL) Programme. For more information follow on Twitter:

@HEE\_TEL, email: [tel@hee.nhs.uk](mailto:tel@hee.nhs.uk), visit: [telblog.hee.nhs.uk](http://telblog.hee.nhs.uk) to read blogs or visit: [www.hee.nhs.uk/tel](http://www.hee.nhs.uk/tel).

[Back to top](#)

---

### HSE guidance

[Click here](#) to view new guidance L140 recently issued by HSE.

### Emerging infections summary

You can view the emerging infections summary for July 2019 [here](#).

### Williams lead the grid on mental health support for F1 apprentices - media case study

[Click here](#) to read about an innovative partnership between Williams Grand Prix Engineering Limited and Remploy, the UK's leading disability, skills and employment specialist.

[Back to top](#)

---

### FOHN Chief Operating Officer and President voluntary roles

After many years of dedication to the recognition and continuous improvement of OH nursing, Christina Butterworth is stepping down from her leadership role at the FOHN, creating an opportunity for others to step forward and take on one of these rewarding roles. For details and to apply visit the [FOHN website](#).

[Back to top](#)

---

### Centre for Ageing Better - Mid-life support: Insights for employers

A new report, to be found [here](#), finds that employers should do more for workers in their 40s and 50s to help them plan for the future as a way of helping them stay in work for longer if they want to, plan for what they will need in retirement, and think ahead about their future needs. The report has been published with the launch of Calouste Gulbenkian Foundation's new report on Transitions in Later Life – found [here](#).

[Back to top](#)

---

### NICE - Topic expert committee vacancy for Mental wellbeing at work guideline update and consultation

NICE is recruiting for topic expert roles to join the Public Health Advisory Committee (PHAC) developing the update to Mental wellbeing at work guideline. The roles are:

- an occupational health/medicine specialist
- a head of workplace wellbeing
- a mental health champion or mental health first aider.
- a representative of a small-to-medium enterprise/self-employed individual
- a GP.

Information on the role and how to apply is available [here](#). The scope of the guideline is currently out for consultation and full details can be [obtained here](#). The deadline for applications is **5pm on the 9<sup>th</sup> September**. If you have any queries, get in touch at: [PHMember@nice.org.uk](mailto:PHMember@nice.org.uk).

[Back to top](#)

---

### Action on Noise Summit, Friday 27<sup>th</sup> September 2019 8.15am-1pm

A morning of seminars, best practice information, practical advice and a complimentary breakfast. This event is free to attend, however you must register for your ticket. [Click here](#) for more information and to book.

[Back to top](#)



### Q&A with John Hobson

- **How did you get into occupational health?** It was a combination of lots of things. I worked in the textile mills of the West Riding of Yorkshire as a student and was fascinated by the processes and the dark satanic mills. I still am. I lost my elective after failing an exam and requested doing my remedial medicine in Huddersfield together with visiting some industries through Prof Harrington. It was reluctantly granted by the then president of the Royal College of Physicians! The experience of medicine in a DGH and visiting power stations, chemical works and other factories was fantastic and one of the best times in my life. When I

decided hospital medicine was not for me, it was the natural path to follow.

- **Occupational health hero?** Too many to mention. Thackrah was impressive and practised in West Yorkshire. But Eoin Hodgson had a massive influence on me and is still sadly missed. He had an enthusiasm that was infectious and he had a bravery to challenge employers and managers when he thought the health of workers was at risk.
- **Dream dinner party guests?** Guy Garvey, Jimmy Goodwin, Jarvis Cocker and Richard Hawley. It's a bit musical and we would probably go to the pub.
- **Best occupational health book?** I have an early edition of Hunters which is fabulous. I borrowed it off a general physician I worked for who had actually worked for Donald Hunter. I am ashamed to say I forgot to give it back.
- **Tell us a joke...** Q: Why have elephants got big ears? A: Because Noddy won't pay the ransom.

*Dr John Hobson is past editor of the SOM journal, Occupational Medicine.*

[Back to top](#)

---

## Welcome to new SOM Members

Name	Regional Group
Rosemary Jeffers	London
Maggie Pinkney	South Wales and West of England
Chris Terry	South Wales and West of England
Paul Armstrong	Northern Ireland
Phillip Harris	East Midlands
Lorraine Mills	Yorkshire

Evelyn Akpalu-Mark	London
Megan Taylor	London
Jacqueline McKeon	Scotland
Jill Blayney	North West
Matthew Gouldstone	East Midlands
Kanishk Sharma	West Midlands
Ezzat Garcia	London
Kirsty Henley	North West
Katherine Crofts	North West
Lauren David	London
Ugo Akpala-Alimi	West Midlands
Christina Butterworth	London
Fiona van der Merwe	Central Southern

---

## OH Jobs



### Duradiamond

seek a Consultant Occupational Health Physician

**Where?** Midlands

**When?** Closing date 31<sup>st</sup> August 2019

[More information](#)



GIG  
CYMRU  
NHS  
WALES

Bwrdd Iechyd Prifysgol  
Betsi Cadwaladr  
University Health Board

### Betsi Cadwaladr University Health Board

seek a Consultant in Occupational Health

**Where?** Wales

**When?** Closing date 31<sup>st</sup> August 2019

[More information](#)



TRANSPORT  
FOR LONDON  
EVERY JOURNEY MATTERS

### Transport for London

seek a Consultant Occupational Physician Manager

**Where?** London

**When?** Closing date 1<sup>st</sup> September 2019

[More information](#)



### Transport for London

seek a Consultant Occupational Physician

**Where?** London

**When?** Closing date 1<sup>st</sup> September 2019

[More information](#)



### Bupa

seek Occupational Health Physicians (salaried or self-employed, 1-4 days per week)

**Where?** Solihull, Reading and London

**When?** Closing date 15<sup>th</sup> September 2019

[More information](#)



### Milton Keynes University Hospital

NHS Foundation Trust

### Milton Keynes University Hospital

seek an Occupational Health Consultant Physician

**Where?** Milton Keynes

**When?** Closing date 19<sup>th</sup> September 2019

[More information](#)



### University of Oxford

seek a Consultant Occupational Health Physician

**Where?** Oxford

**When?** Closing date 20<sup>th</sup> September 2019

[More information](#)



### Seadrill in collaboration with International SOS

seek a Corporate Medical Director

**Where?** Based in Chiswick, West London, with occasional UK and overseas travel

**When?** Closing date 26<sup>th</sup> September 2019

[More information](#)



### M.K. Occupational Health Ltd

seek an Occupational Health Physician

**Where?** Milton Keynes (50%), Northampton, Kettering, Aylesbury, Bedford and Stevenage

**When?** Closing date 18<sup>th</sup> October 2019

[More information](#)



### Society of Occupational Medicine

Volunteering opportunities

**Where?** London

**When?** Ongoing

[More information](#)

To discuss your recruitment / job advertisement needs, please contact [Sam.Butter@som.org.uk](mailto:Sam.Butter@som.org.uk)

[Back to top](#)

## OH Meetings

*Full details and booking information for the following meetings and courses along with all SOM Regional Group meetings are available on our website: [OH Meetings](#)*

### **Drug and Alcohol Misuse in the Workplace by Helen Vangikar**

Venues and dates available throughout 2019. CPD Attendance Certificates will be issued to delegates. Courses 2 and 3 have CPD accreditation from the Faculty of Occupational Medicine.  
[For more information please click here.](#)

### **NHS Health at Work Annual Conference**

4-5<sup>th</sup> September 2019  
Venue: Chesford Grange Hotel, near Kenilworth.  
More information to follow.  
For enquiries please email [admin@nhshealthatwork.co.uk](mailto:admin@nhshealthatwork.co.uk)  
[For more information please click here.](#)

### **EOPH, Fitness to Work and functional Capacity Assessment Workshop - With Glyn Smith**

6<sup>th</sup> September 2019  
This workshop aims to develop an understanding of the principles behind risk assessing for fitness for work, and skills in undertaking functional capacity assessments. This is a practical skills-based workshop. Glyn is a Chartered Physiotherapist and Chartered Ergonomist (& Human Factors Specialist) with substantial experience in managing work-related injuries and occupational health.  
[For more information please click here.](#)

### **BOHS, The Occupational and Environmental Exposure of Skin to Chemicals (OEESC) Conference 2019**

16-18<sup>th</sup> September 2019  
The Occupational and Environmental Exposure of Skin to Chemicals (OEESC) conference, organised by The British Occupational Hygiene Society (BOHS) is the leading international conference on skin exposure bringing together experts from wide ranging fields including occupational hygiene, health and safety, dermatology, skin research and consumer fields. The conference will bring together researchers, practitioners, regulators, dermatologists, health and safety professionals, occupational health advisers, occupational hygienists, toxicologists, product formulators and other experts from around the world to discuss the very latest issues that affect skin exposure management.  
[For more information please click here.](#)

### **The At Work Partnership, Certificate in OH Case Management**

2<sup>nd</sup>-4<sup>th</sup> October 2019  
A practical three-day qualification from The At Work Partnership, run with the support of Brunel University London. This highly regarded certificate programme is designed to train occupational health and other professionals in the theory and practice of case management skills – in order to improve absence management, job retention and return-to-work outcomes. Special offer – save £100 + VAT for bookings paid by 10<sup>th</sup> August 2019.  
[For more information please click here.](#)

### **BHSF Occupational Health Conference 2019**

10<sup>th</sup> October 2019  
Occupational Health provider, BHSF are hosting their annual OH Conference on the 10th October 2019 at the Edgbaston Park Hotel, Birmingham. This year, BHSF have brought together their specialist partners to share their vision for the future of Occupational Health. Learn about innovative new solutions and initiatives, plus, how to deliver a quality service that makes a real difference to the lives of the people you touch.  
[For more information please click here.](#)

### **ARIOPS, 2019 Conference and AGM**

14<sup>th</sup> October 2019

Venue: The Crowne Plaza Birmingham City Centre

ARIOPS is delighted to let you know that bookings are now open for the 2019 Conference and AGM.

*ARIOPS has listened to feedback from 2018 participants and moved the event to a Monday and to the Midlands for 2019.*

*Come and join ARIOPS in Birmingham to hear about and discuss relevant railway themes.*

[For more information please click here.](#)

### **Trident Medical Services, Ionising Radiation Regulations for HSE Appointed Doctors**

16<sup>th</sup> October 2019

Venue: Apollo Hotel, Aldermaston Roundabout, Basingstoke, Hampshire RG24 9NU

- This one-day course follows the HSE Training Syllabus for Appointed Doctors and will provide a Certificate of Attendance

- The course is run by Trident Medical Services Ltd, led by Dr. Elschen Kotze MFOM

- TMS has been providing Occupational Health to the nuclear industry since 1995, and have been delivering this course for over 10 years

- This course has received FOM CPD approval worth 5.5 CPD points for full attendance

[For more information please click here.](#)

### **Trent Occupational Medicine Annual Symposium**

17<sup>th</sup> October 2019

This year's Trent Occupational Medicine symposium takes place on 17 October at Nottingham Belfry hotel in Nottingham. This educational event provides 5.5 CPD points and is aimed at occupational health nurses and physicians as well as GPs with an interest in occupational medicine. Presentations will include travel medicine, medical and legal perspectives on drug and alcohol abuse at work, respiratory health surveillance, dementia in the working age population and PTSD.

[For more information please click here.](#)

### **Sleep Science - Advance Practice of CBT-I**

25-27<sup>th</sup> October 2019

The purpose of this educational activity is to provide advanced training to clinical psychologists, social workers, PhD/NP level nurses and physicians in the practice of CBT-I. The workshop is roughly evenly split between didactics and active learning exercises. The programme should position clinicians to more effectively deal with complex issues and cases. This training, along with other CE workshops, supervised practice, a past case load of 10 or more cases, and a reasonable programme of self-study (readings and videos) should adequately prepare individuals for the certification exams.

[For more information please click here.](#)

### **The At Work Partnership, Workplace Health 2019**

6-7<sup>th</sup> November 2019

The At Work Partnership's annual two-day seminar, providing a clinical and management update on the cutting-edge issues in occupational health today.

Chaired by Dr John Ballard, *Occupational Health [at Work]* with Dr Steve Boorman, Empactis and Dr Nerys Williams, independent occupational physician

Organised by: The At Work Partnership Ltd with Janie Acton

**Special discounted rates for places booked by 31/8/19:** Early bird rate: £450 + VAT or £350 + VAT self-funded delegates.

CPD: 12.5 points from the FOM, 12.5 hours for self-accreditation schemes.

[For more information please click here.](#)

## **Occupational Health: Windsor, The ALAMA Autumn Conference**

13-15<sup>th</sup> November 2019

Venue: The Castle Hotel 18 High Street, Windsor SL4 1LJ

ALAMA are delighted to announce their Autumn Conference Occupational Health: Windsor

The conference starts at 10:00 on Wednesday 13th November which also includes free BLS training/update and finishes with lunch on Friday 15<sup>th</sup> November 2019.

[For more information please click here.](#)

## **The At Work Partnership, OH Report Writing**

22<sup>nd</sup> November 2019

Venue: Birmingham

A one day course from The At Work Partnership teaching you how to prepare concise, well-written OH reports that will provide quality information for managers, be understood by employees, and be defensible if the information contained in them is ever required in legal proceedings.

The At Work Partnership has now trained hundreds of OH and allied health professionals in OH report writing skills – if you haven't attended yet, don't miss out on this essential training day.

Book and pay 6 weeks before the training and save up to **£80 +VAT**.

Self-funded delegates from only **£225 + VAT**.

[For more information please click here.](#)

[Back to top](#)