

Society of Occupational Medicine. Inclusion Directory

INCLUSION DIRECTORY	INFORMATION & SUPPORT FOR HEALTH CARE PROFESSIONALS	SIGNPOSTING FOR EMPLOYEES
LGBTIA+	TransHealth UK (Covid Support) https://transhealthuk.noblogs.org/	'What the Trans' podcast https://podcasts.apple.com/gb/podcast/what-the-trans/id1397557673
	National LGBTIA+ Partnership to reduce health inequalities https://nationallgbtpartnership.org/	Mindout Mental Health Charity and support for the LGBTIA+ community https://mindout.org.uk/
		Stonewall https://www.stonewall.org.uk/
		LGBT Foundation https://lgbt.foundation/meet-the-team
		LGBT Helpline Scotland https://www.lgbthealth.org.uk/services-support/lgbt-helpline-scotland/
		Switchboard https://switchboard.lgbt/
	Trans NHS Staff Network: T: @TransNHS FB: TransNHS	LGBTQIA+ Menopause https://www.queermenopause.com
WOMEN'S	Health and Care Women's network T:@hcwomenleaders	PMDD and Me https://pmdandme.co.uk/ Premenstrual dysphoric disorder
	Medical Women's Federation https://www.medicalwomensfederation.org.uk/	
	British Menopause Society https://thebms.org.uk/ For professionals	Women's Health Concern https://www.womens-health-concern.org/ Fact Sheets for employees Reproductive and mental health advocacy, support, and campaigning for marginalised communities http://cysters.org/
	Endometriosis https://www.endometriosis-uk.org/understanding-endometriosis	
MEN'S	Info https://www.mentalhealth.org.uk/a-to-z/m/men-and-mental-health	https://www.menshealthforum.org.uk/

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		https://www.thecalmzone.net/
	Free 20 min online training on suicide awareness for all https://www.zerosuicidealliance.com/training	
CULTURE AND ETHNICITY	Filipino Nurses Association UK https://www.fnauk.org.uk/ Risk Assessment	Bereavement support
	British Sikh Nurses http://www.sikhnurses.co.uk/	Both HCP's and community support
	British Indian Nurses Association FB private group	
	British Association of Physicians of Indian Origin https://www.bapio.co.uk/	
	NHS Muslim Women Network T:@NHSMuslim Women	
	Judaism and mental health resource https://www.reformjudaism.org.uk/communities-that-care/	
	South Asian Health Foundation https://www.sahf.org.uk/	For both patients and professionals
		Liberate: App, meditations and talks designed for the Black experience The Black swimming Association and mental health https://www.thebsa.co.uk/
DISABILITY		Scotland BSL https://www.glasgow.gov.uk/covidbsl
		Women's Aid BSL https://www.womensaid.org.uk/covid-19-resource-hub/covid-19-resource-hub-safety-advice-in-british-sign-language/
		Blind and partially sighted https://www.rnib.org.uk/sites/default/files/APDF-NI-Covid-Advice-May2020.pdf
	Disability Inclusion employers and Covid support info https://wearepurple.org.uk/	

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British Dyslexia Association

<https://www.bdadyslexia.org.uk/advice/adults/in-the-workplace>

Autism

<https://www.autism.org.uk/what-we-do/employment/autism-work-programme>