

MSK at work network 15th October

In Attendance Liba Sheeran, Colette Owen, William Lakeman, Gemma Scott, Ian Hobson, Nick Pahl, Aseni

1 ACOPOHE update – Katherine Roberts

new learning management system for OH physiotherapists to do training

With CSP developing first contact practitioner training and resources on work and health and importance of ensuring that are asking the work questions and conversations and achieving AHP work and health report when deemed necessary

2 Fit note

[Allied Health Professions Fitness For Work Report - RCOT](#)

GPs – 6-7% fit notes have any workplace adaptations == so not successfully being used

3 Implementing back online in Sri Lanka

Participants in manufacturing and the port.

Learning e.g. less information could be streamlined and to the point; people don't go off work and continue to be supported in Sri Lanka. Some workers can't navigate the tool on their own but could be used to communicate with physio to guide people through specific points in the intervention. Useful to use the tool to streamline the advice they get -not just the doctor and physio to do what the person demands. But tool needs to be used on a 111 basis as a method of communication or adjunct.

4 HSE

Musculoskeletal Risk Reduction Through Design Awards

If there are any opportunities for colleagues to promote the HSE musculoskeletal disorders through design awards that would be great.

Details of the awards, and step by step information on how to enter are included together with example case studies of previous winners and commended entries can be found on our dedicated design awards web page.

'Risk-Reduction through design' Award – MSDs - HSE

Closing date for entries is 31st January 2022.

In previous years we have had entries from a wide range of industry sectors, again see the dedicated web page for examples. We welcome entries from all sectors.

1a) Attached is an Article in the Ergonomist for this year's winners – Herbert Parkinson – a textiles company – for their entry 'Design of a handheld tool to insert metal pin hooks into curtain fabrics'

1b) Attached is the case study we created again for this year's winners – Herbert Parkinson.

New online digital Musculoskeletal Risk Assessment Toolbox

The manual handling digital assessment tool (MAC Tool) has gone live and there is a version free to use. It will be particularly useful to employers who have a legal duty to perform risk assessments, but will be of interest to others too.

Details on how to access and use the new digital online assessment tool can be found at MSD Assessment Tool (hse.gov.uk)

A new online Risk Assessment Pushing and Pulling (RAPP) digital assessment tool will also go live at the end of September/early October

A new online Assessment of Repetitive Tasks (ART) digital assessment tool will also go live at the end of September/early October

The web page will be updated so that everyone can access free digital online versions of this tool too.

By October the new online musculoskeletal digital assessment toolbox will cover 3 separate individual assessment tools (the MAC/RAPP and ART Tools)

Anyone can register for the free webinar sessions that demonstrate how to use the tools. Details on how to register are also via the link provided above.

Guidance on Homeworking and use of Display Screen Equipment

For information at this stage:

As the government advice and restrictions during the COVID pandemic (to work from home where you can) are being lifted, we are currently reviewing our own guidance on homeworking and use of display screen equipment.

New/updated homeworking guidance including use of display screen equipment at home is currently being prepared and hopefully will be available on our web site next month.

The updated guidance will cover both workers who work at home (and use DSE equipment) on a permanent basis, but also where they routinely split their time working from both the home and office workplace (this is sometimes referred to as hybrid working).

We are also aiming to include infographics on what a good posture looks like for DSE use, and also information on good working practices (e.g. taking regular breaks etc).

We will provide the relevant web link(s) once the updated guidance becomes available next month.

Children's home working guide - attached

SOM "Legends" Webinar: Regional low back pain - Still getting stabbed in the back despite all we know, *21st Oct 4-5.30pm*

Nortin Hadler, Emeritus Professor of Medicine and Microbiology/Immunology, University of North Carolina at Chapel Hill in conversation with Drs. John Hobson, Adrian Massey, and Paul Williams will discuss Regional Low Back Pain to cover current thinking with regard to medicalization and over-treatment, and the value of evidence-based, cost effective, employer-sponsored, investment in workplace health.

AOB

NHS I and E Vocational Rehab for those with Long Covid – draft presented at AHP Long Covid group in 2 weeks