

# Occupational Health Careers for Allied Health Professionals



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Optimising Health, Wellbeing and Productivity

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# Allied Health Professionals

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## OCCUPATIONAL THERAPY

A SCIENCE-BASED, REGULATED HEALTH  
PROFESSION, AUTONOMOUS, CLIENT-CENTRED  
THAT  
HELPS INDIVIDUALS AND GROUPS ACHIEVE GOALS,  
HEALTH AND WELLBEING OUTCOMES THROUGH  
MEANINGFUL AND PURPOSEFUL OCCUPATIONS,  
PROMOTING OCCUPATIONAL ENGAGEMENT AND  
OPTIMISING OCCUPATIONAL PERFORMANCE.

WORKS IN MULTIPLE SETTINGS AND ACROSS THE  
HUMAN LIFESPAN.

## PHYSIOTHERAPY

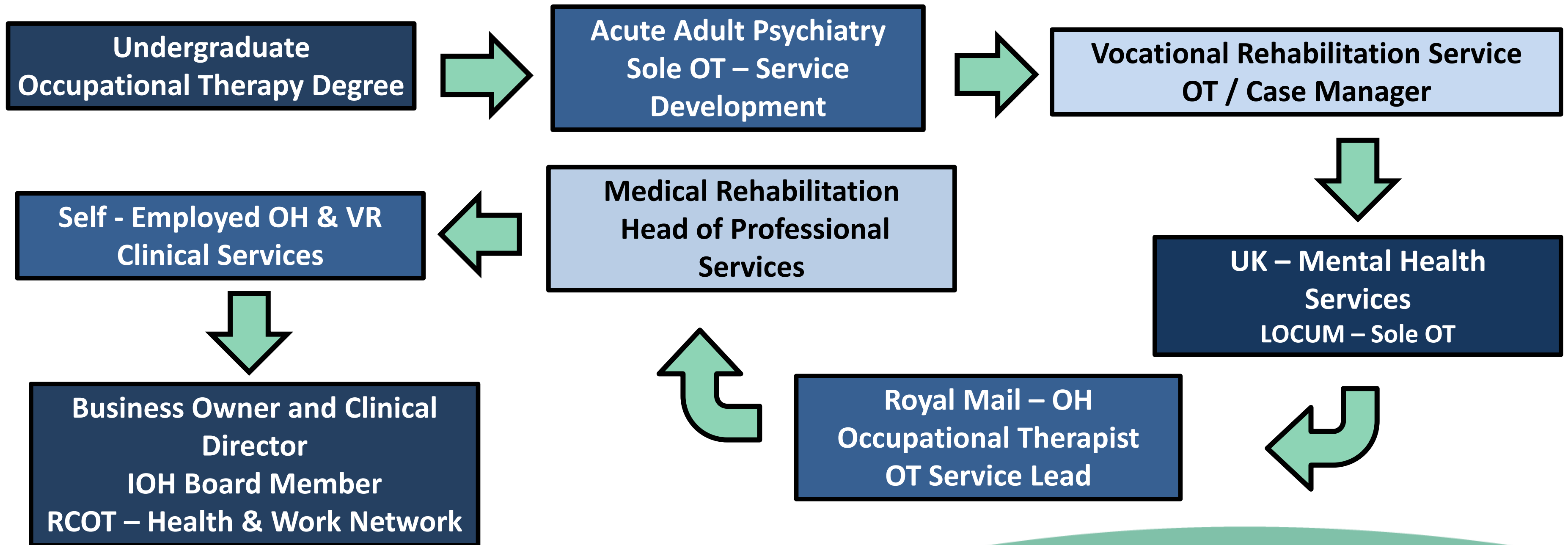
A SCIENCE-BASED, REGULATED HEALTH  
PROFESSION, AUTONOMOUS, CLIENT-CENTRED  
THAT  
ENCOURAGES AND EMPOWERS INDIVIDUALS AND  
GROUPS IN THEIR DEVELOPMENT, FUNCTIONAL  
RECOVERY AND WELL-BEING THROUGH  
FUNCTIONAL MOVEMENT AND FUNCTIONAL  
RESTORATION.

WORKS IN MULTIPLE SETTINGS AND ACROSS THE  
HUMAN LIFESPAN.

# One OT's Journey into OH



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# Allied Health Professional Transferrable Skills

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- Initial Assessments
- Standardised Assessment Tools / Outcome measures
- Cognitive / Neuro-diversity Assessments and Rehabilitation
- Musculoskeletal Assessments
- Environment / Task Assessments (Worksite Assessment)
- Mental Health Assessment and Rehab
- Report writing
- Condition / Disability Management
- Rehabilitation Planning (functional restoration programming)
- Occupational Redirection (Work re-direction and / Redeployment)

Pre-employment /  
work readiness

Assessments /  
RTW Plans

Specialist  
Assessments

Specialist Rehabilitation  
Services

Vocational redirection /  
Supportive work exit



# AHPs entering OH – Some Potential Gaps



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- Legislation relating to employment and workplaces;
- Negotiating complex relationships health, safety, management, human resources;
- Hazard Identification and risk control hierarchy;
- Breadth of occupational health activities and services;
- Scope of practice and service development;
- Supervision and mentoring.

# Where do AHPs work in OH?



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**NHS**

**UK  
GOVERNMENT**

**PRIVATE  
PROVIDERS**

**LOCAL  
GOVERNMENT**



# What's Next

Shift your focus to CPD activities relating to OH  
start learning and networking – Get involved!



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**RCOT – Health and Work Network** – resources re OT scope of practice within OH & VR; webinars, RCOT resources, articles, case studies, connect with members and leaders;

**ACPOHE** – training programmes, OH & Ergonomics courses for physios & non-physios; networking for physiotherapists;

**IOH** – multidisciplinary OH networks – webinars, journal, networking, professional support, jobs posted.

**NSOH** – OH mentoring programme for entry into OH;

**SOM** – resources, webinars, podcasts, articles, networking special interest groups (AHP, functional medicine etc);

**OTforOH** – networking group for OTs

# Education Opportunities



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For more formal OH education and qualifications:

- **Diploma in Occupational Health Practice** – see FOM website for providers of the pre-requisite course. Multidisciplinary training in broad aspects of occupational health. Check NSOH for funding opportunities.
- **Masters / PG Diploma / PG Cert in Public Health (Occupational Health)** – University of Manchester – see website for details.
- **Bachelor Science (Occupational Health)** – Robert Gordon University and Cumbria University – see websites for details
- **MSc Human Factors and Ergonomics / short credit courses** – Derby University - see websites.



# Thank you



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## An OH Career is Waiting For YOU!

**Contact Us:**

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**[info@WorkHealthAcademy.com](mailto:info@WorkHealthAcademy.com)**