(OHA) Sickness absence and return to work

(OHA) Provide Advice/Work with Health and Safety team

EXTENDED SCOPE OF PRACTICE

Face-fit testing

Pre-employment assessment (with escalation)

ECGS

Pulse and BP

Eye tests /screening (DSE, colour, near,

distance & peripheral)

Refer abnormal results to GP

Urine analysis and urine sample collection for biological monitoring

Height, weight & BMI

Escalation

Lung function (*spirometry*) testing

Cholesterol and glucose finger prick (instant test)

Inform employer of temporary fitness to work restriction

OH Technician
Core Scope of Practice

Hearing test (audiogram) and looking in ear

Wellbeing advice/ assessments

Advocacy & training of workers

Chester step test

Maintain clear & accurate documentation of assessments

Drug & alcohol
(urine (near donor,
chain of custody, evidential) /
saliva screening, hair sample)

MSK assessments

Trained in first aid

HAVS Tiers 1 & 2

DSE assessments

Phlebotomy (occupational blood tests)

HAVSTier 3

EXTENDED SCOPE OF PRACTICE

Extended role with OHA/OHP present:

- Flu vaccines
- Skin prick test

Some OH Technician roles include/double as administrators

The following include elements of Core Practice (+/- OHA/OP Sign off):

- Driver and/or trackside medicals
- Pre placement screening paper and face to face



OH Technicians (OHTs) support health and wellbeing at work as part of a clinical occupational health team through undertaking, recording and analysing health tests and referring on as necessary. OHTs may advise and educate based on clinical evidence, but do not treat or make diagnoses.