

PUBLIC WEBINARS CATALOGUE

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1. Alcohol and Drugs

Update on Cannabis use – Published: February 2025

Alcohol and Drugs – Published: April 2019

2. Careers in OH

Mentoring Panel Discussion webinar – **Recording** Published: April 2025

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Leadership for Nurses – Webinar Series 3 – Career pathways for OH Nurses – Recording

Published: December 2024

Career progression in Occupational Health – Recording Published: September 2022

A Career in Occupational Medicine – Recording Published: February 2021

Setting up your own OH practice – Published: November 2020

Why Occupational Medicine? A Career in OH – Published: April 2020

CV Writing and Interview Preparation Webinar – Published: September 2018

3. Construction

Medical emergency response C1 align, HS2 – Published: February 2024

Respiratory issues in OH (pneumoconiosis and silicosis) – Recording Published: January 2024

4. Diversity, Inclusion, and Improved Workplaces

Compassionate Leadership: The missing piece of the puzzle for improving workplace wellbeing in healthcare and beyond – Published: June 2024

Ramadan and work – Published: January 2024

Supporting Employees with Disabilities in Work – Recording Published: January 2023

The importance of team culture and wellbeing – Published: October 2022

SOM Leadership 13: Equality, Diversity and Inclusion – Recording Published: July 2021

5. Global

Occupational health for healthcare workers in Southwest Nigeria – Recording Published: April 2025

SOM ANZSOM Webinar – The occupational risks and health impacts of mining – Slides [1][2] Recording Published: February 2025

SOM webinar on OH in Scotland – Recording Published: November 2024

SOM/IOMSC Webinar: Basic Occupational Health Services (BOHS): Promoting Safe & Healthy Work for All – Recording Published: March 2024

What can we learn from each other? Comparing the OH landscape and fit note equivalents across OECD countries – Published: June 2023

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International webinar: Job resources and relationships with job engagement and job satisfaction – Published: April 2023

Best practice of occupational health and return to work management in the mining sector in Zambia – Recording Published: April 2023

SOM International Group meeting - Recent Developments in the OH Landscape in Southern Africa: Lessons Learnt – Published: February 2023

SOM/IOMSC Global Webinar #5 - South & Central America – Recording Published: February 2022

Omicron - the South African experience and impact on work – Recording Published: December 2021

Occupational Medicine Challenges in South & Central Asia & Russia – Recording Published: September 2021

SOM International Webinar: Occupational Medicine & Health Challenges in Southern Africa – Recording Published: March 2021

Challenges of Migrant Labour – Published: February 2019

OH: The Global Evidence & Value – Published: June 2018

6. Hand-Arm Vibration Syndrome (HAVS) and Related Conditions

HAVS Update – Published: April 2025

Whole body vibration (WBV) – Published: February 2022

Carpal Tunnel Syndrome (CTS) – Published: October 2020

HAVS – Published: January 2020

7. Leadership

Leadership for Nurses - Webinar Series 1 – Transitioning from being an Occupational Health Adviser to an OH management role – Recording Published: November 2024

Leadership: Theory and practice of leading change: what has worked and what has not – Published: February 2023

Purposeful leadership – Published: December 2022

Best practice for companies when procuring Occupational Health – Recording Published: November 2022

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Leading Lights series 1: Leading in a VUCA world – how well equipped are you to lead through increasing complexity? – Published: September 2022

OH Nursing: A keynote webinar with the Queen's Nurses Institute CEO – Published: November 2021

Leadership in policy engagement – Published: November 2021

SOM Leadership Series 12: Leading the digital transformation of healthcare – Published: July 2021

SOM Leadership Series 11: Leadership and innovation in OH – Published: May 2021

SOM Leadership Series 8: Getting the best out of teams – Published: April 2021

SOM Leadership Series 7: What is the NHS looking for in terms of OH leadership? – Published: April 2021

SOM Leadership Series 6: Leadership and speaking up – Published: April 2021

SOM Leadership Series 5: Leadership in research in work and health in the future – Published: March 2021

SOM Leadership Series 4: CMO's of the future – Published: March 2021

SOM Leadership Series 3: Leading a Multidisciplinary team in Occupational Health – Published: February 2021

SOM Leadership Series 2: What are Occupational Health commercial providers looking for in a leader? – Published: February 2021

SOM Leadership Series 1: Global Leadership in Occupational and Workplace Health – Published: January 2021

8. Mental Health and Wellbeing

The impact of shift work on health – Published: May 2025

Tackling sickness presenteeism in organisations: What can be done? – Recording
Published: May 2025

Managing sleep in Occupational Medicine – Recording Published: March 2025

A framework for managing the sudden and unexpected death of a colleague in the primary care setting – Recording Published: January 2025

Suicide postvention in the workplace: Supporting organisations and employees – Recording Published: October 2024

Safeguarding health, safety, and wellbeing of health workers – Recording Published: September 2024

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Ways forward for an evidence-based approach to workplace wellbeing – Published: March 2024

Burnout and improving the health of healthcare workers – Published: February 2024

Mental health at work – Recording Published: February 2024

Workplace Wellbeing as a Reputational Risk: Opportunities for OH as a key stakeholder –
Published: January 2024

Apps in occupational health, safety, and wellbeing – Published: November 2023

Rapid access to mental health assessment and treatment for healthcare workers: Insights from
the Cambridgeshire NHS Staff Mental Health Service – Published: November 2023

Do we really need the concept of burnout in occupational medicine? – Published: November 2023

Recognising and managing eating disorders in our day-to-day clinical work – Published: October
2023

Organisational interventions to support healthcare worker wellbeing – Published: October 2023

The cost effectiveness of workplace wellbeing initiatives – Recording Published: September
2023

**The value of OH and human resources in supporting mental health and wellbeing in
the workplace – Recording** Published: September 2023

Burnout in healthcare: risk factors and solutions – Recording Published: July 2023

Flattering to deceive: Understanding the disparity between obligations and actions to support
employee wellbeing – Published: April 2023

The role of Occupational Health to support Wellbeing – Prevention is Key! – Recording
Published: March 2023

Working with terminal illness: what is known and what is needed – Published: March 2023

Organisational Wellbeing Interventions: Case Studies from the NHS – Recording Published:
March 2023

The management of traumatic stress within organisations: what's the evidence? – Published:
March 2023

The Workplace and Suicide: Occupational Health and Suicide Recognition, Prevention –
Published: February 2023

How to improve financial wellbeing amid the cost-of-living crisis – Published: November 2022

Evolve: A Toolkit for Sustaining and Embedding Workplace Wellbeing – Published: November 2022

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Gambling Disorder Webinar – Published: October 2022

Managing Stress in the Hybrid Workplace – Published: September 2022

How to Effectively Use Mediation to Reduce Your Stress Cases – Published: September 2022

Stress and burnout in junior doctors – Published: July 2022

Occupational Burnout- The role of the occupational health physician and nurse? – Published: July 2022

Return to work support for people with mental health issues, stress and anxiety – Published: May 2022

SOM/C3 Sleep, our Mental Health, and the workplace – Recording Published: May 2022

Wellbeing of prison officers webinar – Recording Published: March 2022

Mental health in politics – Published: February 2022

Occupational Health and Wellbeing for University staff – Published: November 2021

C3/SOM breakfast webinar on obesity and the workplace – Recording Published: October 2021

How change can impact employee wellbeing – Published: April 2021

Health professionals in difficulty – Published: November 2020

Mental Health of Nurses report – Published: October 2020

SOM/C3/RAND Mental health in the workplace – Published: October 2020

Malingering: Something's not quite right: when the patient's account conflicts with objective evidence – Published: September 2020

The role of psychological health surveillance in organisations – Published: September 2020

Why good quality sleep will make you live longer...and how to get it – Published: July 2020

Lifestyle medicine in the management of Diabetes and Obesity – Published: April 2020

Setting and Shaping the Stress Consultation – Published: February 2020

Stress risk assessments: Problems, pitfalls and solutions – Published: October 2019

Burnout in healthcare professionals – Published: August 2019

Workplace Wellbeing – Published: July 2019

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OH-related grievances in the workplace – Published: May 2019

Men's Mental Health – Published: July 2018

SOM/C3 Webinar: The Health and Wellbeing at Work Summary Toolkit – Recording

Published: April 2021

SOM/C3 Work and mental health – Recording Published: March 2021

SOM/RC Psych Return to work – Recording Published: January 2021

Mental health in the workplace – Recording Published: October 2020

9. Musculoskeletal Health

Musculoskeletal health at work webinar – Published: May 2025

Functional Capacity Evaluation (FCEs) – Slides [1][2] Recording Published: January 2025

Occupational health physiotherapy and MSK issues at work – Recording Published: April 2024

Digital MSK tools for the workforce – benefits, challenges and learnings – Published: January 2024

The MRC Versus Arthritis Centre for Musculoskeletal Health and Work: an overview of current research – Published: June 2023

Versus Arthritis with SOM MSK at work gap analysis webinar – Recording Published: June 2023

An update on work-related hypersensitivity pneumonitis – Published: May 2023

MSK Aware: key actions for employees and employers to support MSK Health webinar – Recording Published: February 2023

MSK for young people in the workplace – a new employers' toolkit – Recording Published: October 2022

Legends “special guest” webinar with Nortin Hadler - Regional low back pain – Published: October 2021

C3/RAND/SOM Breakfast Series: Supporting patients with musculoskeletal conditions to remain in work – Recording Published: November 2020

MSK pain associated with working from home – Published: October 2020

Clinical & Functional Assessment of Lower Back Pain in OH – Published: November 2017

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10. Neurodiversity

Neurodiversity, the law and the workplace – Published: June 2025

Scaling neurodiversity provision: a triage model – Recording Published: January 2025

Transitioning and supporting employees with neurodivergent needs from education to employment – Published: November 2024

Neurodiversity and Discrimination Law – Recording Published: March 2024

Neurodiversity – Published: March 2020

Neurodiversity in the workplace: Awareness, Assessment and Adjustments – Published: June 2019

11. NHS

**OH in the NHS Webinar Series – Mental Health OH Support for the NHS – Slides [1][2]
Recording** Published: January 2025

Work and Health Services 3: Service Essentials – Recording Published: May 2024

Work and Health Services 2: The role of primary care delivering work and health services – Recording Published: April 2024

Work and Health Services 1: Key considerations – Recording Published: April 2024

Perspectives on worklessness due to ill health – Recording Published: October 2022

Completing the Fit note effectively – Published: March 2022

Use of fit notes – Published: August 2019

12. Noise-Induced Hearing Loss (NIHL)

Noise issues at work – Recording Published: June 2024

NIHL at work - Think Tank and symposium – Recording Published: May 2023

13. Occupational Health Service Management

Summary of an HSE inspection of a small independent OH Consultancy The good, the bad and lessons learnt – Published: May 2025

Running an independent OH service as an independent Nurse – Recording Published: January 2025

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Financial planning post-Budget for health care professionals – Published: November 2024

Choosing wellbeing services – Recording Published: September 2024

Findings from The Great Big Workplace Adjustments Survey 2023 – Published: July 2023

The Emergency Medicine Workforce Crisis: conversations, implications and policymakers –
Published: April 2023

C3/RAND/SOM Breakfast series: Employment law and workplace health – Published: December 2020

How to use OH Expertise – Published: September 2019

14. Occupational Health Specialist Issues

OH Basics: Pre-placement assessments – Recording Published: March 2025

Psychometric Assessments in Occupational Health – What They are and How to Use Them –
Published: January 2025

Advances in Interventional Cardiology – Published: November 2024

What is Physiotherapy in Occupational Health? – Recording Published: October 2024

From Risk assessment to Health surveillance - a journey explained – Recording Published:
October 2024

Occupational Hygiene at work, covering asbestos and silica – Published: May 2024

The impact of asbestos on the health of workers: mesothelioma – Published: March 2024

Pre-hospital emergency care in occupational health; preparedness and response – Published:
November 2023

Submitting articles for publication in occupational medicine: statistical considerations for
authors and reviewers – Published: October 2023

**Occupational Hygienists and Occupational Health practitioners can deliver for the
workforce – Recording** Published: September 2023

**Occupational Therapists in Occupational Health: The missing profession for OH service
delivery – Recording** Published: March 2022

Latest developments in eye care treatment – Published: February 2022

SOM Management Series: Managing challenging staff and difficult situations – Published:
December 2021

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C3/SOM breakfast webinars on prevention and work - vaping presentation by PHE –

Recording Published: September 2021

SOM/C3 breakfast meeting - Talk on Heart Failure and return to work – Recording

Published – May 2021

Chronic Beryllium Disease – Published: November 2020

Art and Occupation – Published: October 2020

Occupational Asthma – Published: September 2020

Essentials in respiratory medicine – Published: May 2020

Occupational asthma update – Published: February 2020

Colour Assessment in Health and Employment – Published: December 2019

Workplace Health Surveillance – Published: July 2018

15. Occupational Health Value and Advocacy

FOM/SOM engagement in improving health and work nationally Webinar – Recording

Published: June 2025

Promoting Safe & Health work for all – Recording Published: March 2024

Work and health – roll out of occupational health – Published: February 2024

Webinar on Consultation - 'Occupational Health: Working Better' – Recording Published:

September 2023

Improving workplace health in your locality - what would good look like? – Recording

Published: June 2023

What does the budget mean for OH? Webinar – **Published: April 2023**

It's the Economy, Stupid! Why Occupational Physicians MUST take wider social factors into account – Published: May 2022

Launch of Occupational Health: the value proposition – Recording Published: March 2022

C3/SOM/RAND & University of East Anglia Course & Toolkit for managers webinar –

Recording Published: February 2022

Universal Access to Occupational Health - online summit – Recording Published: September 2021

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Effectiveness of workplace interventions in supporting a return to work following sickness absence – Published: May 2018

16. Organisational Change, Technology and Remote Work

Occupational Health, AI and Tech - creating a complementary offer for all – Published: May 2023

Remote consultation - how to get a useful outcome when you are not face to face with the patient – Published: April 2020

What's new in travel medicine – Published: November 2019

Vocational Rehabilitation – Published: April 2018

17. Professional Conduct

Guidance for OH Report Writing – Published: September 2022

Occupational Health - an ethical minefield? – Published: April 2020

Nurse Triage – Published: January 2020

Confidentiality in OH – Published: April 2019

New GMC Confidentiality Guidance Webinar – Published: September 2017

18. Radiation Medicine

Managing the risks of exposure to solar ultraviolet radiation – Recording Published: October 2023

19. Skin Health

Monitoring and Protecting Working Skin - a skin surveillance session – Published: April 2025

Skin and the Working Environment – Published: February 2018

20. Transport

Occupational Health for Seagoing Operations – Slides [1][2][3] Recording Published: February 2025

The role of occupational health to support driver health – Published: October 2024

Amended Road Traffic Act 1988 to allow healthcare professionals to complete DVLA medicals – Published: September 2022

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Medical requirements for rail workers – Published: March 2020

Medical standards on fitness to drive Webinar – Published: October 2018

21. Women's Health

International Women's Day 2025 webinar - Accelerating women's health and opportunities in the workplace – Slides [1][2][3] Recording Published: March 2025

Menopause in the workplace – Published: October 2024

Introduction to supporting fertility issues in the workplace – Published: January 2023

C3/SOM breakfast webinar on menopause and work – Recording Published: January 2022

Women's Health and Fertility – Published: May 2021

Menopause and Work? – Published: October 2019

22. World of Work

Retaining Workers – Who Cares? – Recording Published: February 2025

How can we build back better – the new world of work - free webinar for OH awareness week - Recording Published: July 2021

The Future of Work - Innovating in a Healthy and Safe Way – Published: November 2018