

SOM Webinars 2026

Date	Time	Title / Presenter
Tue 24 Feb*	1-2pm	Flipping the switch: challenging how we approach stress and mental health through adventure neuropsychology – Dave Gallagher – register here
Wed 25 Feb*	12-1pm	Unlocking the challenge of Raynaud’s Phenomenon: from mechanism to management – Louise Parker & Dr Kevin Howell – register here
Tue 3 Mar*	1-2pm	Medicinal cannabis at work: balancing safety, fairness and uncertainty for OH providers – Dr Oli Chapman & Dr Mary Obele – register here
Wed 18 Mar	12-1pm	Leading with a wellbeing lens – what makes a successful programme – register here
Wed 6 May*	1-2pm	From D4s to Daily Habits: Embedding Lifestyle Medicine in Occupational Health – Dr Sue Law – register here
Mon 22 Jun	1-2pm	Clinical standards for OH reports – Dr Mary Obele – register here SPONSORED BY ORCHID LIVE
Mon 20 Jul	1-2pm	Wellbeing Professional Competency Framework – Rachel Lewis – Register here

Dates and times are UK & subject to change. Check the SOM website [Events page](#) for information.

**Free to members only*