



Supporting occupational health  
and wellbeing professionals



## What the SOM does for you

The SOM supports and guides members throughout their career, from being a student through to retirement. It is a leading voice for the occupational health and medicine profession. As a not-for-profit organisation we exist only to serve our members, which include disability assessors, doctors, ergonomists, health technicians, hygienists, nurses, physiotherapists, and psychologists.

# About the SOM

The Society of Occupational Medicine (SOM) is the UK organisation for all healthcare professionals working in or with an interest in occupational health and medicine. Its objects are:

- the protection of the health of people in the workplace
- the prevention of occupational injuries and disease
- related environmental issues

The SOM proactively works with policy makers across the UK. Our Patrons are Lord Blunkett, Dame Carol Black and Sir Norman Lamb MP. We work globally through our international regional group and the International Occupational Medicine Society Collaborative.



*The Rt Hon the Lord Blunkett*



*Dame Carol Black*



*Rt Hon Sir Norman Lamb MP*

## Membership benefits

- Regional groups in the UK and internationally that provide local networking opportunities, workplace visits and clinical lectures
- Our acclaimed *Occupational Medicine* journal
- Occupational health nurse indemnity insurance
- Free legal advice
- Access to our quality assured appraisal scheme to support revalidation
- Free online appraisal toolkit for nurses
- A monthly online newsletter including events, job advertisements and important policy and practice updates
- Online / distance learning through our free webinar package
- Discounted tickets to our Annual Conference and to other conferences and events
- Peer to peer support
- Golden Jubilee grants for SOM members to support travel overseas
- Invitations to member receptions
- Discounts on products from selected partners
- Use of our London offices to meet clients and colleagues
- Access to our SOM Members website, with its resources and learning zone

SOM advises members on occupational health and medicine policy and hosts special interest groups for members on issues including HAVS, Skin, MSK and Mental Health.

**For further information, please contact [membership@som.org.uk](mailto:membership@som.org.uk)**

# Professional Development for SOM members

SOM offers members discounted and free events – we are a leader in providing continued professional development and education for all doctors and healthcare professionals working in occupational health and medicine.

SOM hosts a leading journal, *Occupational Medicine*, which all our members receive. It hosts podcasts and offers useful resources on key areas of occupational health and medicine.



## Recent activities

We launched:

- reports on the mental health of doctors and the value of occupational health research;
- key documents on commissioning occupational health, wellbeing and occupational health, careers, and use of social media and IT.

We regularly meet with Government and were pleased to see a new consultation on occupational health launched in July 2019. Our Patrons, Lord Blunkett, Dame Carol Black and Sir Norman Lamb MP have been instrumental in ensuring the voice of occupational health is heard.

We continue our successful series of webinars and events (including with the Royal College of Nurses, the Royal Society of Medicine and our Regional Groups).

Lastly, our *Occupational Medicine* journal continues to go from strength to strength with over 1 million downloads in 2018.

# 2019 plans

- Grow our Corporate Supporter and multidisciplinary Membership
- Host inaugural SOM Awards and second Careers Fair
- Jointly host an event with the British Psychological Society on lone workers
- Launch guidance on mental health management for managers
- Host round tables with the Federation of Small Business, CIPD, and Sleep Council
- Expand our special interest groups
- Move to new offices in Regent's Park, London



*Looking after your mental wellbeing: A guide for Occupational Health Practitioners*



## Job opportunities

We can promote details of the latest vacancies in occupational health and medicine. Full members of the SOM receive job alerts, and are among the first to know when opportunities arise.



*The SOM team on a site visit in London in March 2019*

# Get in touch

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