



VOLUNTEER WITH THE SOM

Why Volunteer?

Volunteering for the Society of Occupational Medicine (SOM) is an enjoyable, rewarding and fulfilling experience. Volunteering is suitable for anyone who is interested in making a tangible difference to help people have healthier working lives or who wishes to spend some of their spare time in a meaningful way.

If you are a healthcare professional looking to work in the sector of Occupational Health (OH) in the future, or somebody who is looking to give back to OH, then the SOM can offer you a valuable platform.

What to expect?

The Society has a central London Head office which is spacious and accessible. More importantly, the small SOM office team (*approx 8 employees*) are extremely welcoming, accommodating and helpful.

The SOM has a variety of projects to get involved in and you will be able to negotiate some work which is of interest to you or will be particularly helpful to you as an individual.

For those planning an OH career, the volunteering role can offer a fantastic chance to network with others interested in OH, future employers and senior figures who can offer assistance and advice on your prospective career.

The SOM may also be able to help with expenses such as travel in and around London and lunch, upon discussion before you commence volunteering.

How to Apply?

Contacting the SOM to see what roles and opportunities may be available is the first step to becoming a volunteer.

nick.pahl@som.org.uk

Personally, I found volunteering to be a highly satisfying and fruitful role which afforded me opportunities that otherwise would have been difficult to come by. I couldn't recommend volunteering more highly to anyone who may be interested.

Dr S.Lang

July 2018

SOM Volunteer February - August 2018