

The four courses aim to help delegates understand the facts about drug & alcohol misuse in the workplace including legal considerations, how to compile a substance misuse policy and interpretation of reports generated by the laboratory.

Course 1 - Collection Officer Training

Who should attend: Anyone who undertakes Chain of Custody collections; OHA / OHNAs; Occupational Health Physicians; GPs; HR Managers; Health & Safety Officers; trade union members

Course content:

- Preparing a site for collection
- Mechanics of a urine collection, trouble shooting and common errors
- Collection demonstration for back-to-lab and Point of Collection [POC] devices
- Breathalyser selection, calibration and verification with demonstration
- What happens to the samples in the laboratory
- Oral fluid and hair collections

Cost: £235 per delegate

Course 2 - MRO Training, part 1

Who should attend: OHA / OHNAs; Occupational Health Physicians; GPs

Course content:

- The role of the Medical Review Officer [MRO] including the Medical Review
- Laboratory process
- Adulteration checks and how donors try and mislead the testing
- Drug metabolism looking at the fact and fiction behind positive samples
- Evaluation and debate of Chain of Custody cases through result interpretation

Cost: £235 per delegate

Course 3 - MRO Training, part 2

Who should attend: OHA / OHNAs; Occupational Health Physicians; GPs

Course content:

- Use of alternative biological samples such as hair, oral fluid, sweat and sweat vapour
- Pros and cons of Point of Collection [POC] devices, how to develop protocols consistent with the principles of Chain of Custody
- Quality and accreditation, UK Guidelines for Workplace Drugs Testing, minimum service level to expect
- Alcohol including EtG/EtS, FAEE
- Evaluation via MCQs

Cost: £235 per delegate

Course 4 - Policy Workshop

Who should attend: HR Managers; Health & Safety Officers; Occupational Health professionals; trade union members

Course content:

- Drawing up a draft substance misuse policy
- Timelines for policy introduction and educational requirements

Cost: £135 per delegate for a half-day

On-site courses can be tailored to your requirements. Please call for further information and details of costs.

Venue	Course 1	Course 2	Course 3	Course 4
London	Mon 04 February	Tue 05 February	Wed 06 February	Thu 07 February AM only
Aberdeen	Mon 18 March	Tue 19 March	Wed 20 March	Thu 21 March AM only
Cardiff	Mon 23 September	Tue 24 September	Wed 25 September	Thu 26 September AM only

Dates/venues will depend on the numbers and locations of those expressing interest. Please call for advice on availability. For those companies able to provide a venue, please contact me.

All delegates will receive an information pack, lunch & refreshments and certificate(s) and the courses 2 and 3 are accredited and qualify for CPD hours from the Faculty of Occupational Medicine of the Royal College of Physicians [UK].

Booking Procedure and On-site Training

To reserve a place or enquire about on-site training, please contact Helen Vangikar, Toxicology Consultant on mobile: +44 (0)7856 979961; email: helen@helenvangikar.com; web: helenvangikar.com