

## **HAVS - management issues**

*Common problems in the practical management of HAVS - results of a consensus study*

Royal College of Physicians, Tuesday 30<sup>th</sup> January 2024 10.00am - 3.30pm

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**The SOM Hand Arm Vibration Syndrome (HAVS) Special Interest Group** first met in September 2017, and agreed “currently much practice is subjective”. Chaired by Roger Cooke and then Ian Lawson, the group produced a number of documents to assist colleagues, available on the SOM website. The main document “The identification and management of hand arm vibration syndrome” was revised and updated in December 2020. Since then a number of other documents have been produced covering associated issues such as carpal tunnel syndrome, the use of nerve conduction studies, the use of photography, whole body vibration (WBV), and WBV and pregnancy. With the onset of the pandemic, guidance about remote health surveillance was produced jointly with the Faculty of Occupational Medicine. The Group has reviewed external documents and publications relating to HAVS, and heard invited speakers on specific topics of interest. In the six years since its formation the group has grown and now has 79 members. A Delphi Study from December 2022 reviewed specific issues related to HAVS, about which there is no definitive evidence. Results was presented to the International HAVS conference at Nancy, France in June 2023. Since then the full research report has been completed and provides a basis for this conference.

10.00	Welcome and introduction	<b>Dr Lanre Ogunyemi</b> MBBS CIME DLO MRCS FRCS(Ed) MSc FFOM FFOM(I) FACOEM FRCPI President Society of Occupational Medicine
10.10	The work of the HAVS Special Interest Group	<b>Dr Ian Lawson</b> MBBS FFOM FRCP FRSPH Consultant in Occupational medicine (ret'd) Chair SOM HAVS Special Interest Group
10.30	Introduction to Delphi Study	<b>Dr Roger Cooke</b> MStJ MBChB FRCP(Glasg) DIH FFOM DipIMC Consultant in Occupational Medicine
10.45	Primary Raynaud's Phenomenon	<b>Dr Roger Cooke</b> MStJ MBChB FRCP(Glasg) DIH FFOM DipIMC Consultant in Occupational Medicine
11.15	COFFEE	
11.40	Frequency of health surveillance	<b>Dr Harriet Fox</b> BM MRCP, DOccMed. Occupational Physician, East Coast Medicals

12.00	Criteria for vascular staging	<b>Dr Ian Lawson</b>
12.20	Use of monofilaments for sensory testing	<b>Wg Cdr Dan Ashdown</b> Consultant in Occupational Medicine RAF Taylor Professor of Occupational Medicine
12.40	QUESTIONS AND DISCUSSION	<b>Dr I Lawson</b>
12.50	LUNCH	
13.40	The use of quantitative tests	<b>Dr D Haseldine</b> BSc MSc MBChB MRCP MFOM DRCOG DAvMed Consultant Occupational Physician, Health Partners
14.00	Peripheral neuropathy and sensorineural HAVS	<b>Dr CJ Grobler</b> MB ChB DOccMed Cert(HAVS)FOM MSc FFOM Consultant Occupational Physician Senior Medical Advisor, Jaguar Land Rover
14.20	Carpal tunnel syndrome	<b>Dr R Cooke</b>
14.40	Dupuytren's disease	<b>Dr E Kotze</b> MBChB MFOM Senior Occupational Health Physician, Head of Health BT Plc
15.00	QUESTIONS AND DISCUSSION	<b>Dr Ian Lawson</b>
15.30	CLOSE	<b>Dr Lanre Ogunyemi</b>