

SOM Central Southern England Group Spring Meeting
Friday 26th April 2024
The Aviator Hotel Farnborough

PROGRAMME

08.30	Registration opens	
09.00	Welcome and opening address (Dr Susy Gillibrand/Dr Mita Patel)	
09.10-10.05	“Regulation in Aviation Cardiology - difficult cases”	Dr Sean O’Nunain, Consultant Cardiologist
10.05-11.00	“Shiftwork and Night Work”	Dr David Flower Consultant Occupational Physician
11.00-11.15	Break	
11.15-12.15	“Driving Health – Occupational Health meets DVLA”	Dr Nick Jenkins Senior Physician - DVLA
12.15-13.15	Lunch	
13.15-14.00	“Protecting the mental health of NHS staff; what’s the evidence and what should be done”	Professor Neil Greenberg Professor of Defence Mental Health
14.00-15.00	“Global work travel: risky business”	Dr Dipti Patel Chief Medical Officer Foreign Organisation: Commonwealth and Development Office and Director National Travel Health Network and Centre
15.00-15.15	Break	
15.15-16.00	“Acute health event during a remote consultation”	Dr Chandra Mutalik Consultant Occupational Physician
16.00-17.00	SOM Central Southern Group AGM – Central Southern members only	

Programme may be subject to change.

This event is sponsored by Greys Specialist Recruitment

CSEG Meeting, Friday 26th April – Presentation Titles and Bios

1. Dr Sean O’Nunain, Consultant Cardiologist

Title: Regulation in Aviation Cardiology - difficult cases

Bio: Dr Sean O’Nunain MA, MD, FRCP Qualified from Trinity College, Dublin in 1979. General Cardiology training at Papworth Hospital followed by research into atrial arrhythmias at St George’s Hospital, London. Completed specialist training in Cardiac Electrophysiology and Interventional Cardiology at Massachusetts General Hospital, Boston with teaching position at Harvard Medical School. Consultant Cardiologist/Electrophysiologist (1998- 2018) at Sussex Cardiac Centre, Brighton. Consultant Cardiology Advisor to Civil Aviation Authority from 2000. Specialist interest in all aspects of cardiac rhythm management.

2. Dr David Flower, Consultant Occupational Physician

Title: Shiftwork and Night Work

Bio: Dr Flower is an occupational physician with 30 years’ experience in high hazard, safety critical industries. In May 2021 he retired from bp after 15 years as Senior Health Director having previously worked with Centrica and British Airways. He has a specialist interest in fatigue and performance, has authored and co-authored numerous papers on fatigue, sleep, shiftwork and jet lag and has presented at both national and international forums. He currently works as a fatigue consultant.

3. Dr Neil Jenkins, Senior Physician, DVLA

Title: Driving Health – Occupational Health meets DVLA

Bio: A&E Consultant in South Wales 1991 – 2015. Clinically – continued previous orthopaedic training with Sports Injury Clinic and weekly arthroscopy list. Non-clinical – chaired Royal College of Emergency Medicine’s Training Committee 2009-2012. Joined DVLA in 2015. Realised that A&E was a young man’s game but wanted to continue working. Senior Doctor at DVLA since 2019.

4. Professor Neil Greenberg, Professor of Defence Mental Health

Title: Protecting the mental health of NHS staff; what’s the evidence and what should be done

Bio: Professor Neil Greenberg is a consultant academic, occupational and forensic psychiatrist based at King’s College London. Neil served in the United Kingdom Armed Forces for more than 23 years and has deployed, as a psychiatrist and researcher, to a number of hostile environments including Afghanistan and Iraq. At King’s Neil leads on a number of military mental health projects and is a principal investigator within a nationally funded Health Protection Research unit. He is a past chair of the Royal College of Psychiatrists (RCP) Special Interest Group in Occupational Psychiatry and led the World Psychiatric Association position statement on mental health in the workplace. Neil has published more than 350 scientific papers and book chapters and has been the Secretary of the European Society for Traumatic Stress Studies, the President of the UK Psychological Trauma Society and Specialist Advisor to the House of Commons Defence Select Committee. During the COVID19 pandemic, Neil worked closely with various government organisations and published widely on psychological support for healthcare, and other key workers. As well as running March on Stress Ltd, a psychological health consultancy, Neil is a trustee with the Society and Faculty of Occupational Medicine. In 2023 he was awarded a prestigious honorary Fellowship of the Royal College of Physicians of Ireland. He is the President Elect of the UK’s Society of Occupational Medicine.

5. Dr Dipti Patel, Chief Medical Officer Foreign Organisation: Commonwealth and Development Office and Director National Travel Health Network and Centre

Title: Global work travel: risky business

Bio: Dr Dipti Patel is a consultant in occupational medicine and in travel medicine. She is Director of the National Travel Health Network and Centre (NaTHNaC), and the Chief Medical Officer at the Foreign, Commonwealth and Development Office (FCDO). She is also an honorary lecturer in Population Health, Health Services Research and Primary Care within the School of Health Sciences at Manchester University. She is a member of the UK Advisory Committee on Malaria Prevention, the Travel Subcommittee of the Joint Committee on Vaccination and Immunisation, and the WHO International Travel and Health Guideline

Development Group. Dipti is an associate editor for Travel Medicine and Infectious Diseases, New Microbes and New Infections, and co-editor of the ABC of Occupational and Environmental Medicine. Previous roles include being a Non-Executive Director at the Health Protection Agency, the Director of Clinical Services at the Medical Advisory Service for Traveller's Abroad, and Consultant in Occupational Medicine at the British Broadcasting Corporation (BBC) workplace health awards.

6. Dr Chandra Mutalik, Consultant Occupational Physician

Title: Acute health event during a remote consultation

Bio: Chandra is a fellow of the Faculty of Occupational Medicine with more than 20 years of experience in diverse occupational health settings including the Armed Forces, Police, NHS, manufacturing industries and commercial occupational health services. Currently, he works as the Director of Occupational Health at the University Hospital Southampton NHS Trust. In addition to his medical qualifications, he has completed an MBA in Strategic Management from Aston University and is presently pursuing an LLM degree in Medical Law.